

Hospice Care

Hospice touches the lives of real people in meaningful ways. On any given day, our professional staff and 150 volunteers are supporting over 250 people and families in our community who are dealing with end-of-life issues.

As a community charity, Hospice receives no government funding. We rely on our community and caring people like you to provide the donations needed to care for others when they need it most.

Honour the memory of a loved one with a donation to Hospice. Your gift will touch the lives of many people, some of whom may be your friends, neighbors and loved ones.

Donation Card

CHARITABLE REGISTRATION NO: BN 118963743 RR0001

NAME: _____

ADDRESS: _____

_____ PROV. _____

POSTAL CODE: _____ TEL: _____

- Enclosed is my cheque for \$_____ payable to Hospice Greater Saint John.
- Please charge my gift in the amount of \$_____ to my VISA

CARD NO. _____ EXPIRY DATE: _____

- I would like to make Monthly Donations. Enclosed are 12 cheques in the amount of _____.
- I would like to make Monthly Donations by credit card. I authorize Hospice to receive my monthly gift of \$_____ on the first of Each month. (Complete Visa information above.)



385 Dufferin Row
Saint John, NB E2M 2J9
(506) 632-5593
www.hospicesj.ca



**Helping People and Families
Cope with Illness,
Caregiving & Loss**

(506) 632-5593
www.hospicesj.ca
info@hospicesj.ca

Palliative Support Services

- **Local Drives**—When people need a drive to the doctor, hospital, store or just for fun, Hospice volunteers are there.
- **Linen Service**—Hospice volunteers deliver hospital bedding, towels, face cloths, johnny shirts and soakers to people at home when needed.
- **Emotional Support & Companionship**—Trained Hospice volunteers visit at home, in hospital and in nursing homes to provide support and companionship.
- **Spiritual Support**— Hospice volunteers help people find meaning, comfort, strength and hope when faced with end-of-life issues.

“The effects of disease on the body are visible, recognizable. Less obvious, are the effects on the human spirit, though the scars can be just as real as the scars of surgery.”

- **Respite Care**—When people can't be alone, Hospice volunteers can help.
- **Complementary Therapy**—Hospice has a group of professional complimentary therapists in the fields of Therapeutic Touch, Massage, Reiki and Reflexology who volunteer their time to help to ease suffering and bring comfort and peace.

“Complementary therapies complement medical and nursing care, enhancing quality of life, promoting relaxation, reducing stress and alleviating disease symptoms.”

Hospice volunteer services are free of charge.

Call 632-5593.

Residential Hospice

**Helping People Live With Dignity,
Comfort and Peace**



What is a Residential Hospice?

A Residential Hospice is a home away from home for people who can no longer be cared for at home, but do not need to be in hospital. Residential Hospice is a place to live and die in peace and dignity surrounded by loved ones and cared for by a team of qualified healthcare professionals and volunteers. Hospice is working with our Provincial Government to establish a 10-bed Residential Hospice.

Who Would Residential Hospice Serve?

Most people would prefer to live out their final days at home - most die in hospital. Every year over 200 people live and die in an acute care hospital bed outside of the Palliative Care Unit. These are people whose symptoms are stabilized and could be at home, but due to a lack of support have no choice but to live out their final days in a busy and expensive acute care hospital bed. Hospice wants to give people a choice – a Residential Hospice.

What Are the Costs of Residential Hospice?

We are planning on Government and Hospice covering the daily cost of care to the patient/family in a shared funding model.

When will Residential Hospice be Open?

Our government agrees that a Residential Hospice could help address the bed crisis at the Regional Hospital and support people living with a palliative illness to be in the appropriate place for care. Our Residential Hospice will be open as soon as government provides the funding needed to make it possible.

Family Caregiver Support Groups

Are you caring for someone with a serious illness?

Hospice can help.

Our free caregiver support groups will give you information and support to help you cope.

“Getting together with others who know what you are going through is a great support...I think of the Hospice House as a sanctuary of peace.”

Call 632-5593 to register for the next program.

Sponsored in part by:



Grief Support Services

13-Month Phone Support

After the death of your loved one, a trained Hospice volunteer will call you once per month to see how you are and offer support.

Holiday Support

Hospice has information on coping with holidays and hosts an Annual Memorial Service to honour loved ones.



Annual Hospice Memorial Service

Library & Information Services

Our bereavement newsletters are mailed to you twice a year. You can also stop by the Hospice library and view the large selection of books and videos on grief and loss.

Grief Support Groups

Hospice hosts FREE Grief Support Groups to help you cope with the loss of your loved one.

Grief Support Groups

Wednesday Evenings

7:00 - 9:00 pm

Spring and Fall

Call 632-5593 to register for the next program.

Hospice Library & Information Services

Caring for a loved one living with advancing illness and coping with loss are some of the most difficult life experiences we must face. Hospice is here to help.

Our Library has a large selection of books and videos for loan. We have over 60 videos and hundreds of books on living with advancing illness, facing death, dying, caregiving and coping with loss.

“Reading, listening and learning will help you discover what is normal, give you information on what your journey will be like and offer ideas on how to cope.”



Hospice Library
Open Monday—Friday
8:30 am—4:00 pm
385 Dufferin Row
Saint John, NB

All Welcome!

“How Do I Cope?”

This booklet includes information on living with advanced illness, approaching death and caregiving.

“Where Do I Go From Here?”

This booklet provides valuable information on grief, bereavement and loss.

These booklets are provided free of charge to people referred to Hospice for support and available to others upon request for a donation of \$10 to cover the cost of printing and mailing.



Volunteer With Us!

Making a difference in the lives of others and in our community is why people volunteer with Hospice. That’s why people keep volunteering with us year after year. Some of our volunteers have been with us for over 20 years.

Hospice work is very rewarding and our volunteers often tell us that they feel that they receive more than they give. Volunteering with Hospice enriches lives.

Many of our volunteers work directly with people and families facing end-of-life issues, but there are also many other volunteer opportunities in Hospice other than our programs and services – fundraising, office work, Board of Directors, Committees, etc.

In addition to contributing to our cause, Hospice recognizes that volunteers want their experience to be rewarding. Some examples of the benefits of volunteering include:

- Making a difference in people's lives
- Networking and friendships
- Developing skills and experience
- Ongoing education and development
- Bringing about social/organizational change

Whatever your skills or interests, there’s a place for you at Hospice Greater Saint John.

Download a Volunteer Application Form from our website at www.hospicesj.ca