

## Hospice Volunteers *Caring...Sharing*

- Hold a hand.
- Listen to memories & stories.
- Drop off clean linen.
- Give a speech.
- Deliver flowers.
- Read a story.
- Help with fund raising.
- Pick up medications.
- Give a drive.
- Bake cookies for families.
- Prepare and serve patient meals.
- Work at our Reception Desk.
- Lead a support group.
- Play games.
- Pick up groceries.
- Help out with duties at the Hospice House – lawns, snow clearing, gardening, housekeeping.
- Visit someone at home.
- Help the nurses at our Residential Hospice care for patients and families.
- Share a smile.
- Give a hug.
- Touch a heart.
- Change a life.



*At some time, in some way,  
we must all face the end of life.  
And most us share a common hope –  
that when death comes to us or to a loved  
one, it will be peaceful and free of pain.*

*We hope to face death and grief surrounded  
by a circle of support, feeling safe,  
comfortable and cared for.*

*This is the promise of  
Hospice Greater Saint John.*

### Donation Card

REGISTRATION NO: BN 118963743 RR0001

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PROV. \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

TEL: \_\_\_\_\_ In Honor Of: \_\_\_\_\_

Enclosed is my cheque for \$ \_\_\_\_\_ payable  
to Hospice Greater Saint John.

Please charge my gift in the amount of  
\$ \_\_\_\_\_ to my VISA \_\_\_\_\_

EXPIRY DATE: \_\_\_\_\_



385 Dufferin Row  
Saint John, NB  
E2M 2J9  
(506) 632-5593  
www.hospicesj.ca



**Hospice Volunteers**



*There's a place  
for you at  
Hospice!*

[www.hospicesj.ca](http://www.hospicesj.ca)



Hospice volunteers give a priceless gift to those who are affected by end-of-life issues. They are ordinary people who make an extraordinary difference!

Whether you want to help others, meet new people or develop new skills – volunteering can enrich your life.

With both short and long term volunteer opportunities, we can find a place that matches your interests, skills and availability.

#### **Become a Hospice Volunteer:**

- ◆ Complete an application form.
- ◆ Participate in an interview and successfully complete our screening process which includes a police check.
- ◆ Attend our annual 30-hour volunteer training program – *mandatory for patient/family volunteers.*
- ◆ Attend our continuing education programs and/or do some self-study by borrowing books or videos from our library.
- ◆ Attend our Annual Recognition Night held the last Friday in April. Volunteers are treated to a special dinner and Awards are handed out.

**Home Visiting Team** – provide emotional, practical and spiritual support in people's homes

**Hospital Visiting Team** – provide emotional and spiritual support to people in hospital

**Residential Hospice Care Team** – become part of the health care team who cares for patients and families at our 10-bed Residential Hospice

**Practical Support Team** – deliver hospital linen to people at home, drive people to appointments or for pleasure

**Bereavement Support Call Team** - help people cope with loss through monthly phone calls

**Grief Support Groups Team** – lead and support our Grief Support Groups

**Complimentary Therapy Team** - donate your professional expertise in Massage, Therapeutic Touch, Reiki, Music, Art, etc.

**House Team** - help out with housekeeping, cooking, baking, home repairs

**Grounds Team** - help out with snow clearing, gardening, lawn mowing

**Administration Team** - help out with administrative duties – photocopying, mailing, tax receipting – work at the Hospice reception desk

**Board of Directors** - become part of our governance team

**Committees** – join one of our working groups – House Committee, Resource Development Committee, Fundraising Teams

**Friends of Hospice** – join our Ladies Auxiliary and help out with fundraising and public relations

**Education** – get involved with our training and education programs

**Hospice Shoppe** – work in our second hand store and help raise money for Hospice

▶ **Call 632-5593 or Visit the Hospice Website at [www.hospicesj.ca](http://www.hospicesj.ca)**