# **Grief Support Services**

When someone you love dies, you grieve the loss

and changes in your life. Grief is hard work. You need time to heal and someone to talk to. Hospice understands and can help. Our services are free of charge.

#### **Grief Support Groups**

Each Spring and Fall, Hospice holds daytime and evening support groups at Bobby's Hospice. Topics include:

Specific Grief Reactions/Feelings
The Journey of Grief Video by Doug
Manning
Taking Care of You
Sharing Special Mementos
Anniversaries/Special Occasions & Dates
To Remember
Caring for the Spirit through Art
Moving Through Grief & Coping

#### **Annual Memorial Service**

Remember your loved ones in our special annual non-denominational service held each November.

## **Library and Information Services**

Hospice has an extensive library filled with books, information and videos on grief and loss.

## **Private Counselling**

Individual or family counselling with our Social Worker can be arranged.

Call Hospice at (506) 632-5593.



A registered charity since 1983, Hospice Greater Saint John owns and operates

Bobby's Hospice and The Hospice Shoppe.

Hospice must raise over \$1M every year to provide care at Bobby's Hospice. You can help by making donations, supporting our Hospice Shoppe, attending our fundraising events or leaving a bequest in your will to the Hospice Legacy Foundation.



The Hospice Shoppe is an upscale second hand retail store which sells donated goods to fund care at Bobby's Hospice. Donors are eligible

for an income tax receipt for items sold in The Shoppe and shoppers enjoy tax-free shopping

Hours: Monday through Saturday from 10 am to 5 pm and Thursday and Friday evenings until 8 pm.

The Hospice Shoppe
77 Catherwood Street - West Saint John.
Phone: (506) 649-2762



# A Gift for the Future

Our Legacy Foundation is an investment fund to support Bobby's Hospice. By including Hospice in your Will or Estate Plan, you can leave a lasting legacy to your community. Annual investment earnings support care at Bobby's Hospice. Call (506) 632-5593.





Every year, Bobby's Hospice cares for 200 people in our community living with a terminal illness and coping with loss.



385 Dufferin Row Saint John, NB E2M 2J9 Tel: (506) 632-5593 <u>info@hospicesj.ca</u> <u>www.hospicesj.ca</u>

# Compassionate Care that Celebrates Life



# Residential Hospice Care

When home is no longer an option,

Bobby's Hospice is there to help. We provide high quality 24-hour, in-patient palliative care in a home-like, peaceful setting.

#### **Admission Criteria**

- 18 years or older
- Valid NB Medicare Card
- Life expectancy of 6 months or less
- Cannot be supported at home
- Does not need hospital tests or treatments
- Patient and family aware of diagnosis and agree to palliative care
- Do Not Resuscitate (DNR) in place

#### **Exclusion Criteria**

- Wandering, aggressive and unsafe
- Long term, non-Hospice care
- Ventilator
- Regular transport to hospital

Patients are admitted by a physician. Call (506) 632-5593 or (506) 653-2995.

#### **Our Care**

Our team of experienced physicians, nurses, support staff and our social worker provide expert pain and



symptom management and compassionate, skilled care and support 24-hours a day.

Our trained volunteers provide valuable nonmedical support services to assist you.

Our spiritual care and grief support services help people cope with the end-of-life journey, saying goodbye to loved ones and coping with grief.

Our music care and pet therapy programs provide additional comfort and support.

Our cooks prepare delicious, home-made meals and our full-time housekeeper and maintenance staff keep our home clean and in excellent condition.





# Be a Hospice Volunteer

If you want to make a difference in someone else's life, join our Volunteer Team. You'll be glad you did!

Call Hospice at (506) 632-5593 or e-mail to info@hospicesj.ca.



## **Costs of Care**

There are NO costs of care at Bobby's Hospice thanks to our partnership with the NB Department of Health who provides 40% of our funding and our generous community who donates over \$1M every year.

## What to Bring

You may bring small items that will help make your room feel more personal to you – a favorite pillow, blanket and family photos. All other furniture, equipment and décor are supplied by Hospice. You should bring the following with you:

- Medications and medical supplies
- Clothing, sleepwear, bathrobe, slippers and socks
- Razors, toothbrush & toothpaste, shaving cream, shampoo/cream rinse, hair brush/comb, nail clippers, deodorant, body lotion, makeup, etc.

# **Our Educational Services**

Annual Free Public Lecture
Annual Living Well Dying Conference
Hospice Palliative Care Training Programs
On-Site Student Training
Community Presentations & Lectures

For more information on our educational services, please call Hospice at (506) 632-5593.